

<p>REFERRING PRACTITIONER</p>  <p>Sample Food 60 Report \$130</p>	<p>PATIENT</p>   <p>DOB:        Test #:        Date:        Lab #:</p>
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**FOOD INTOLERANCE / SENSITIVITY**

Legend  
 0-10% Negative  
 10-20% (+) Mild  
 20-30% (++) Moderate  
 >30% (+++) Marked

<p><b>GRAINS</b></p> <table border="0"> <tr><td>Corn</td><td>0</td></tr> <tr><td>Hops</td><td>2</td></tr> <tr><td>Oats</td><td>4</td></tr> <tr><td>Rice</td><td>0</td></tr> <tr><td>Rye</td><td>4</td></tr> <tr><td>Spelt</td><td>4</td></tr> <tr><td>Wheat</td><td>4</td></tr> <tr><td>Wheat Gluten</td><td>4</td></tr> </table> <p><b>NUTS &amp; SEEDS</b></p> <table border="0"> <tr><td>Almond</td><td>4</td></tr> <tr><td>Cashew</td><td>+ 10</td></tr> <tr><td>Peanut</td><td>0</td></tr> </table> <p><b>HERBS &amp; SEASONINGS</b></p> <table border="0"> <tr><td>Coconut</td><td>6</td></tr> <tr><td>Garlic</td><td>0</td></tr> <tr><td>Mustard</td><td>4</td></tr> <tr><td>Olives</td><td>+ 10</td></tr> <tr><td>Tobacco</td><td>0</td></tr> </table> <p><b>FUNGUS</b></p> <table border="0"> <tr><td>Baker's Yeast</td><td>+ 16</td></tr> <tr><td>Brewer's Yeast</td><td>4</td></tr> <tr><td>Candida Albicans</td><td>0</td></tr> <tr><td>Mushroom</td><td>0</td></tr> </table>	Corn	0	Hops	2	Oats	4	Rice	0	Rye	4	Spelt	4	Wheat	4	Wheat Gluten	4	Almond	4	Cashew	+ 10	Peanut	0	Coconut	6	Garlic	0	Mustard	4	Olives	+ 10	Tobacco	0	Baker's Yeast	+ 16	Brewer's Yeast	4	Candida Albicans	0	Mushroom	0	<p><b>FRUIT</b></p> <table border="0"> <tr><td>Grape</td><td>0</td></tr> <tr><td>Lemon</td><td>0</td></tr> <tr><td>Orange</td><td>0</td></tr> <tr><td>Pineapple</td><td>0</td></tr> <tr><td>Strawberry</td><td>0</td></tr> </table> <p><b>VEGETABLES</b></p> <table border="0"> <tr><td>Cabbage</td><td>4</td></tr> <tr><td>Lettuce</td><td>0</td></tr> <tr><td>Brown Onion</td><td>0</td></tr> <tr><td>Parsnip</td><td>4</td></tr> <tr><td>Spinach</td><td>0</td></tr> <tr><td>Sweet Potato</td><td>4</td></tr> <tr><td>Tomato</td><td>0</td></tr> <tr><td>White Potato</td><td>0</td></tr> </table> <p><b>FOOD ADDITIVES</b></p> <table border="0"> <tr><td>MSG (621)</td><td>0</td></tr> <tr><td>Potassium sorbate (202)</td><td>0</td></tr> <tr><td>Sodium benzoate (211)</td><td>0</td></tr> <tr><td>Sodium metabisulfite (223)</td><td>0</td></tr> <tr><td>Tartrazine (102)</td><td>6</td></tr> </table> <p><b>SWEETENERS</b></p> <table border="0"> <tr><td>Aspartame (951)</td><td>0</td></tr> <tr><td>Barley Malt</td><td>4</td></tr> <tr><td>Cane Sugar</td><td>0</td></tr> <tr><td>Saccharin (954)</td><td>0</td></tr> </table>	Grape	0	Lemon	0	Orange	0	Pineapple	0	Strawberry	0	Cabbage	4	Lettuce	0	Brown Onion	0	Parsnip	4	Spinach	0	Sweet Potato	4	Tomato	0	White Potato	0	MSG (621)	0	Potassium sorbate (202)	0	Sodium benzoate (211)	0	Sodium metabisulfite (223)	0	Tartrazine (102)	6	Aspartame (951)	0	Barley Malt	4	Cane Sugar	0	Saccharin (954)	0	<p><b>MEAT &amp; POULTRY</b></p> <table border="0"> <tr><td>Beef</td><td>0</td></tr> <tr><td>Chicken</td><td>0</td></tr> <tr><td>Lamb</td><td>0</td></tr> <tr><td>Pork</td><td>0</td></tr> <tr><td>Whole Egg</td><td>2</td></tr> </table> <p><b>DAIRY PRODUCTS</b></p> <table border="0"> <tr><td>Cheddar</td><td>0</td></tr> <tr><td>Cow's Milk</td><td>++ 20</td></tr> </table> <p><b>SEAFOOD</b></p> <table border="0"> <tr><td>Flake</td><td>0</td></tr> <tr><td>Prawn</td><td>0</td></tr> <tr><td>Salmon</td><td>0</td></tr> <tr><td>Tuna</td><td>2</td></tr> </table> <p><b>LEGUMES</b></p> <table border="0"> <tr><td>Green Pea</td><td>2</td></tr> <tr><td>Soybean</td><td>0</td></tr> <tr><td>String Bean</td><td>0</td></tr> </table> <p><b>BEVERAGES</b></p> <table border="0"> <tr><td>Cocoa</td><td>4</td></tr> <tr><td>Coffee</td><td>6</td></tr> <tr><td>Cola</td><td>0</td></tr> <tr><td>Tea</td><td>0</td></tr> </table>	Beef	0	Chicken	0	Lamb	0	Pork	0	Whole Egg	2	Cheddar	0	Cow's Milk	++ 20	Flake	0	Prawn	0	Salmon	0	Tuna	2	Green Pea	2	Soybean	0	String Bean	0	Cocoa	4	Coffee	6	Cola	0	Tea	0
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